



All-Northern 10 Athletic Conference Boys Cross Country 2019

First team	School	Yr	Time
Christopher Pinnick	Ridgedale	12	17:11.92
Kaden Dunford	Wynford	11	17:24.95
Caden Pollock	Wynford	11	17:30.82
Troy Mawer	Upper Sandusky	11	17:32.73
Kameryn Webb	Upper Sandusky	12	17:39.22
Emery Pahl	Upper Sandusky	11	17:42.90
Mason McKibben	Colonel Crawford	11	17:47.34

Second team	School	Yr	Time
Matthew Schiefer	Wynford	11	17:52.27
Alex Mutchler	Colonel Crawford	12	17:55.07
Kael Scott	Bucyrus	11	17:55.74
Isaac Mason	Seneca East	9	18:06.62
Brennen Darnell	Bucyrus	10	18:07.95
Shayden Heiser	Seneca East	10	18:08.89
Alex Lawson	Colonel Crawford	12	18:09.56

Honorable mention	School	Yr	Time
Keith Sammet	Upper Sandusky	11	18:12.05
Micah Harris	Upper Sandusky	12	18:14.15
Pieter Wise	Seneca East	11	18:18.14
Ryan Ruth	Wynford	11	18:21.24
Soren Gerlach	Wynford	11	18:22.45
Landon Field	Upper Sandusky	9	18:24.15
Isaiah Hoepf	Carey	12	18:27.85

Runner of the year
Christopher Pinnick, Ridgedale

Coach of the year
Ed Arnold, Upper Sandusky



All-Northern 10 Athletic Conference Girls Cross Country 2019

First team	School	Yr	Time
Sarah Reinhart	Carey	10	18:50.84
Allison Lust	Wynford	10	20:29.07
Katy Haggerty	Buckeye Central	11	20:41.70
Amelia Boes	Seneca East	10	20:43.15
Alison Manko	Colonel Crawford	11	20:43.72
Macy Mewhorter	Upper Sandusky	9	20:45.26
Kennedy Beard	Seneca East	11	20:50.08

Second team	School	Yr	Time
Kaylynn Maybee	Mohawk	9	21:03.48
Juliana Boes	Carey	10	21:18.15
Katie Hopkins	Colonel Crawford	12	21:25.67
Addystin Lykins	Carey	12	21:33.35
Gracie Manns	Upper Sandusky	11	21:40.84
Pandora Meadows	Wynford	10	21:47.80
Emma Hensel	Wynford	9	21:48.28

Honorable mention	School	Yr	Time
Nellie Bianchi	Carey	11	21:48.81
Maria Smith	Colonel Crawford	9	21:57.77
Jessica Fown	Ridgedale	11	22:00.35
Emma Brown	Upper Sandusky	11	22:01.11
Brianna Hensel	Wynford	10	22:01.59
Ally Hocker	Colonel Crawford	11	22:03.30
Abby Allison	Carey	10	22:06.15

Runner of the year
Sarah Reinhart, Carey

Coach of the year
Dean Kessler, Carey